

Weekly Update (September 1, 2019):

What a great start to the season! Wonderful swims at Elgin High School on August 31. Congratulations to Ali Fitzgerald on the overall meet win. The full results will be posted to our weebly website: www.dchs-swim.weebly.com on Tuesday, September 3.

There will NOT be practice on Monday, September 2 due to the Labor Day Holiday. Enjoy your weekend! If it's possible, try to get in a pool either Sunday or Monday.

Tuesday, September 3, we have our first practice at the indoor pool, Rakow Center, 665 Barrington Ave, Carpentersville. Varsity should arrive at 7:15 pm. JV should arrive at 7:45 pm. All swimmers will finish at 9:00 pm.

The following swimmers are scheduled for concussion testing on Tuesday, September 3 at 3:00 pm: Olivia Allendorf, Ali Fitzgerald, Coral Howard. Please meet Coach Field in Room 153 with your ChromeBooks.

On Wednesday, September 3, the bus will take swimmers to Rakow Center for after school practice. For those driving themselves, please get there as quickly as possible, we hope to have extra practice on starts. Practice will run from 3:30 – 5:30 pm.

Big/Little Sister locker decorations will be done Wednesday night or Thursday morning to celebrate our first school day meet.

We will depart DCHS Athletic Entrance on Thursday, September 5 at about 3:10 pm for Illinois Math and Science Academy. The address is 1500 Sullivan Road, Aurora if you are interested in attending. The meet will start at 5:00 pm. This is a longer day for us, so please send snacks/food for before and after meet. We should be back at DC around 7:30 pm. Swimmers will call or text parents with an update when we depart IMSA.

Friday, September 6 is a regular practice day at Rakow Center from 3:30 – 5:30 pm.

On Saturday, September 7, we have a tri-meet at Palatine High School. This is for ALL swimmers. The address is 1111 N. Rohlwing Rd, Palatine. Please arrive DCHS Athletic Entrance at 7:50 am for an 8 am departure. The meet starts at 10:00 am. We estimate the meet will finish around 12 noon. This meet will be a standard High School meet format. We will be swimming 3 levels: Varsity, Junior Varsity and Frosh-Soph.

Please do let coaches know as soon as possible if a meet will be missed. As a reminder, swimmers may not have an unexcused absence the day before a meet. Generally, swimmers will know their events the practice before a meet; however, these are always subject to change.

As always, please contact the coaches with questions:

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